



ABOUT

The coast of South West Tasmania is a trek that not many know about. However, do not let that fool you. This trek requires much training and should be taken very seriously. You can expect full days of walking along difficult and muddy trails and sometimes through creeks. But, there will be astonishing scenery. The 85km South Coast Track runs between Melaleuca and Cockle Creek. There are no roads to Melaleuca, so walkers must either fly, boat or walk.

WHY

- Great value for money
- No compromises on safety
- Excellent knowledgeable guides
- An unforgettable and once in a lifetime scenery and experience

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for children with autism



southcoasttracktasmania.com.au



ITINERARY

ON ARRIVAL

Overnight Hobart Hotel accommodation includes continental breakfast. Please note Hotel offers complimentary airport transfers.

Travelodge Hotel Hobart Airport

Address: 1 Holyman Ave, Cambridge TAS 7170

Phone: (03) 6248 3555

ARRIVAL DAY

1800 – crew briefing and pack inspection check -location hotel boardroom. Dinner is at your leisure.

DAY 1

Be ready to depart at 0745 in Hotel lobby for airport transfer for our Par Avion Flight at Cambridge aerodrome – Flight to Melaleuca, flight time just over 1 hour. We will receive our pre-paid Tasmania National park passes on arrival at the terminal. Each person to carry one each. Please note that you can leave your bag at the Hotel in a secure location and collect when you arrive back from the South Coast. Upon arrival at Melaleuca airstrip, we are to receive 8 X 230gram pre-paid gas canisters for our cooking units. These cookers will be used for boiling water only.

ON THE TRACK:

- Day 1: Melaleuca, walk to Point Eric which is a 12km walk
- Day 2: Trek to Louisa River which is a 20km walk. This day is difficult, and you'll need to up early (04:30 am)
- Day 3: The Ironbound Range to Little Deadman's Bay which is a 11km. This day is challenging and you'll need to up early (04:30 am)
- Day 4: Walk to Osmiridium Beach camp which is a 15km walk
- Day 5 : Rest day/or make day due to delays
- Day 6: Walk to Granite Beach camp which is a 10km walk
- Day 7: Over South Cape Range, camp South Cape Rivulet which is a 11km walk
- Day 8: Walk to Cockle Creek which is a 12km walk

DAY 8

1200 – Bus transfer to Travelodge Hotel Hobart Airport – time is 2 hours. Overnight at Hotel includes continental breakfast.



I have travelled all over Australia for work and adventure, yet Tasmania remained on my “to do” list with the box unchecked. The EEE South Coast Trek offered me an opportunity to visit Tasmania and to experience trekking in the wilderness for the first time. In the lead up to the trek, I needed to make many arrangements in order to go, and I wasn’t entirely sure that all the pieces of the puzzle would come together. Despite the many hoops I had to jump through, I firmly believed this would be a trip of a lifetime, and the effort would be worth it.

As it turns out, I was right.

The trek was more than I expected. More in every way. Tougher, colder, wetter, more beautiful, more tiring. The pack was heavy, the water tasted like heaven. The sunsets and sunrises were a spectacular sight to behold and the ocean water looked like liquid mercury rolling along the sands in the early morning. Rivers of pristine water rushed over granite rocks and washed the mud off my boots while the dense bushes on either side of me grabbed at my pack as we tried to descend the mountain. I have so many of these rambling reflections rolling around in my mind that I could go on for pages.

But what struck me the most was the resilience, mental and physical toughness and continual acts of kindness demonstrated by my fellow trekkers. Those that I walked with and others who were unknown to me. The team pulled together time and time again. Sometimes to help each other over a river or to once again, lift that very heavy pack off the ground and up over your shoulders.

But it was the psychological boost that mattered most.

As we walked I began to notice the little things about my teammates. Whether it was their energy in the morning, whistling or their knowledge about different aspects of the walk. All helped me be able to get to the finish line.

The personal lessons learned from this trek have stayed with me and I highly recommend this trek to anyone who is planning to explore Tasmania.

